

## NATURE'S CLASSROOM AT SARGENT CENTER PHYSICIAN HEALTH FORM

Sargent Center requires any child attending camp to have had a physical examination within **two** years of attending camp. Physician's orders for prescription drugs to be taken at camp must be written within the current year.

Name of Child \_\_\_\_\_ was examined on the following date \_\_\_\_\_ .  
Any existing medical condition (chronic or recurring illnesses?) \_\_\_\_\_

**Health History (Please check all that apply)**

|  |   |
|--|---|
| Allergies: <input type="checkbox"/> No known Allergies<br><input type="checkbox"/> To food (list and describe reaction):<br><br><input type="checkbox"/> To medications (list and describe reaction)<br><br><input type="checkbox"/> To the environment i.e. insects stings, hay fever (list and describe reaction)<br><br><input type="checkbox"/> Other allergies (list and describe reaction) | Asthma (Type)<br>Is it well controlled?<br><br>ADD or ADHD<br>Is it well controlled?<br><br>Mood or Mental Health Disorder<br>Is it well controlled?<br><br>Diabetes (age of onset)<br>Is it well controlled? |
| Heart Condition (Please specify)<br>Any limitations?   | Seizure Disorder (Type)<br>Is it well controlled?   |

Are there any factors which would preclude this child from participating fully, including a high ropes course, in the Sargent Center program? ( ) Yes ( ) No Specify activities to be limited: \_\_\_\_\_

Date of most recent exam \_\_\_\_\_ Last Tetanus Toxoid Immunization \_\_\_\_\_

**Note: A record of current immunizations or a properly signed and notarized waiver must accompany this form.**

Physician's Signature \_\_\_\_\_ MD Phone (\_\_\_\_) \_\_\_\_\_  
Print/Stamp Name \_\_\_\_\_

### PHYSICIAN ORDERS FOR PRESCRIPTION MEDICATION

**(Must be completed and signed by physician in order for Nature's Classroom at Sargent Center to give medications)**

Medications must be in original container. The directions on the container must match the physician's written orders. A written order signed by the physician must be received to authorize any change in directions.

Is this child on any prescription medications? ( ) Yes ( ) No

| Name of Medication | Date Started | Reason for taking it | When it is given  | Amt./dose given | How it is given |
|--------------------|--------------|----------------------|---|-----------------|-----------------|
|                    |              |                      | <input type="checkbox"/> Breakfast<br><input type="checkbox"/> Lunch<br><input type="checkbox"/> Dinner<br><input type="checkbox"/> Bedtime |                 |                 |
|                    |              |                      | <input type="checkbox"/> Breakfast<br><input type="checkbox"/> Lunch<br><input type="checkbox"/> Dinner<br><input type="checkbox"/> Bedtime |                 |                 |
|                    |              |                      | <input type="checkbox"/> Breakfast<br><input type="checkbox"/> Lunch<br><input type="checkbox"/> Dinner<br><input type="checkbox"/> Bedtime |                 |                 |

Physician's Signature \_\_\_\_\_ MD Phone (\_\_\_\_) \_\_\_\_\_